



|              |                                                  |
|--------------|--------------------------------------------------|
| Book         | MCCSC Policy Manual                              |
| Section      | 2000 - PROGRAM                                   |
| Title        | HEALTH SERVICES AND WELLNESS PROGRAM             |
| Code         | 2413                                             |
| Status       | Active                                           |
| Legal        | I.C. 20-34-3 et seq.<br>511 IAC 4-1-1 (c), 4-1-7 |
| Adopted      | March 27, 2012                                   |
| Last Revised | June 27, 2017                                    |

The Corporation, in accordance with Public Law 108-265, the Child Nutrition and WIC Reauthorization Act of 2004 (Section 204 – Local Wellness Policy) and the Healthy, Hunger-Free Kids Act of 2010 (Public Law 111-296) has developed the following Wellness policy that:

- A. includes goals, based on review and consideration of evidence-based strategies, for nutrition promotion and education, physical activity and other school based activities to promote student wellness;
- B. includes standards and nutrition guidelines for all foods and beverages sold to students on the school campus during the school day that are consistent with Federal regulations for:
  - School meal nutrition standards, and the
  - Smart Snacks in School nutrition standards;
- C. includes standards for all foods and beverages provided, but not sold, to students during the school day (e.g., in classroom parties, classroom snacks brought by parents, or other foods given as incentives);
- D. assures guidelines for reimbursable school meals are not less restrictive than guidance and regulations issued by USDA;
- E. includes policies for food and beverage marketing that allow marketing and advertising of only those foods and beverages that meet the Smart Snacks in School nutrition standards;

- F. includes a description of public involvement, public updates, policy leadership, and evaluation plan;
- G. establishes wellness policy leadership of one or more local education agency and/or school official(s) who have the authority and responsibility to ensure each school complies with the policy as deemed by the Superintendent;
- H. permits participation by the general public and the school community (including parents, students, and representatives of school food authority, teachers of physical education, school health professionals, the school board, and school administrators) in the wellness policy process.
- I. the corporation will conduct an assessment of the wellness policy every three years, at a minimum. This assessment will determine:
- compliance with the wellness policy
  - how the wellness policy compares to model wellness policies, and
  - progress made in attaining the goals of the wellness policy
- J. includes guidelines for schools to provide a quality educational and recreational environment.

The wellness policy will be updated or modified as appropriate, and the Corporation will make available to the public:

- the wellness policy, including any updates to and about the wellness policy, on an annual basis, at a minimum, and
- the Triennial Assessment, including progress toward meeting the goals of the policy

In addition, the Corporation Physician shall be a licensed Pediatrician.

In compliance with the law, the School Board may require students to submit to periodic health examinations to:

- A. protect the school community from the spread of communicable disease;
- B. determine that each student's participation in health, safety, and physical education courses meet his/her individual needs;
- C. determine that the learning potential of each child is not lessened by a remediable physical disability;
- D. determine if participation in physical education classes would be harmful to the individual.

The Corporation shall specify the need for services which may include, but not be limited to:

- A. student physical examinations;
- B. athlete physical examinations;
- C. dental examinations;
- D. vision screening;

E. audiometric screening;

F. body mass index.

Any health services program should also include an instruction to staff members on the observance of students for conditions that indicate physical defect or disability.

The Superintendent shall prepare administrative guidelines to implement these components.